



Wisdom Wellness Center, Inc.

For a Healthier You!

**WEIGHT LOSS PROGRAM
3 MONTHS TO A BRAND NEW YOU IN 2011!**

SAFE, EFFECTIVE, NATURAL EATING PROGRAM

THE LAST DIET YOU'LL EVERY TRY!!

**Find out how Integrative Nutrition will help you
achieve good health for life at our informative seminar.**

**THURSDAY, JANUARY 27th, 2011
6:30 to 7:30 PM**

**Presented by
Anne McPhail, Health Coach & Nutrition Counselor**

**\$10 per person
Healthy snacks and beverages, hand-outs,
oral presentation, Q/A**

Please call or e-mail to reserve your spot:

**Wellness Center (401_ 596-5700
Anne's cell (860) 287-9980**

healthfullivingnow@yahoo.com

<http://websites.integrativenutrition.com/amcphail/index.aspx>

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